

Thematic Plan of Seminar Classes for the course “Medical Psychology” for students admitted in 2024 in the educational program 31.05.01 General Medicine, specialization (profile): General Medicine (Specialist Degree Program), full-time mode of study for the 2026–2027 Academic Year

№	Thematic Blocks	Hours (Academic)
Semester 6		
1.	History of medical psychology. ¹ General information about clinical psychology. Difference between clinical psychology and medical psychology. Fields of clinical psychology. Research methods in clinical psychology. ²	2
	History of medical psychology. ¹ History of medical (clinical) psychology. History of medical (clinical) psychology in Russia, in your country. ²	2
	Classical schools of psychology.¹ The notion of the soul, psyche and psychic activity. Research methods in psychology.²	2
2.	The personality and disease. ¹ The Health and its definition. The character accentuation and its types. Classification according to K. Leongard, A. E. Lichko. ²	2
	The personality and disease. ¹ Specific of communication and interaction between the doctor and patients with different types of character accentuation. ²	2
	The personality and disease. ¹ Specific of communication and interaction between the doctor and patients with different types of character accentuation. ²	2
	The personality and disease. ¹ Specific of communication and interaction between the doctor and patients with different types of character accentuation. ²	2
	The personality and disease. ¹ The Internal vision of the disease: the history of the introduction of the concept, general information. Models of the internal picture of the disease (Roman Luria, T. N. Reznikova and V. M. Smirnov, V.V. Nikolaeva, A. Sh. Tkhostov and G. A. Arina, G. Levintal, A. Sh. Tkhostov and etc.). ²	2
	The personality and disease. ¹ Types of the connection between an individual and the disease. The age features of the internal vision of the disease. Compliance. ²	2
3.	Psychosomatic medicine and psychosomatic disorders. Stress. ¹ General information about psychosomatic medicine. ²	2
	Psychosomatic medicine and psychosomatic disorders. Stress. ¹ Psychosomatic disorders and its classification. Somatoform Disorders or a somatic symptom disorder, its types. ²	2
	Psychosomatic medicine and psychosomatic disorders. Stress. ¹ Stress, it's definition. Adaptation. The general adaptation syndrome (GAS). ²	2
	Psychosomatic medicine and psychosomatic disorders. Stress. ¹ Stress, it's definition. Adaptation. The general adaptation syndrome (GAS). ²	2
4.	Psychology of the healing process. The personality of a doctor. ¹ Psychology of the healing process. ²	2
	Psychology of the healing process. The personality of a doctor. ¹ Professional becoming. Professional adaptation and deformation	2

	(emotional burning syndrome). Emotional burning syndrome. ²	
	Psychology of the healing process. The personality of a doctor. ¹ Professional becoming. Professional adaptation and deformation (emotional burning syndrome). Emotional burning syndrome. ²	2
	Psychology of the healing process. The personality of a doctor. ¹ Professionally significant psychological qualities of a doctor. Communicative competence. ²	2
5.	Psychology of dying and death. Work with dying patients. ¹ Psychology of dying and death. The 5 stages of grief model (or the Kübler-Ross model). Basic principles of interaction with the dying. ²	2
	Psychology of dying and death. Work with dying patients. ¹ Euthanasia. Palliative care: definition, history, basic principles. Hospices ²	2
	Psychology of dying and death. Work with dying patients. ¹ Euthanasia. Palliative care: definition, history, basic principles. Hospices ²	2
	Psychology of dying and death. Work with dying patients. ¹ Psychology of dying and death. The 5 stages of grief model (or the Kübler-Ross model). Basic principles of interaction with the dying. ²	2
6.	Interaction in the treatment process. ¹ Information and emotional aspects of the conversation between the doctor and the patient: – Technique proper collection of information – Information transfer rules to patients – Possible errors in the doctor's actions the collection and transfer of information – Group discussions with patients – Active listening. The main forms of psychological interaction between the doctor and the patient. ²	2
	Interaction in the treatment process. ¹ Psychological factors of the effectiveness of the treatment process: non-specific and specific. Non- verbal aspects of communication between the doctor and patient. Conflict in the treatment process (between the doctor and patient, doctor and medical workers, etc.): the nature, factors, development and types. ²	2
	Interaction in the treatment process. ¹ Psychological factors of the effectiveness of the treatment process: non-specific and specific. Non- verbal aspects of communication between the doctor and patient. Conflict in the treatment process (between the doctor and patient, doctor and medical workers, etc.): the nature, factors, development and types. ²	2
Total:		48

¹ -Subject

² - essential content (if necessary)

Reviewed and approved at the meeting of the Department of General and Clinical Psychology, Minutes № 10 dated “ 29 ” May 2026.

Head of the Department



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